

BTEC Level 1/2 First Award in Sport

Below is the link to the specification for the qualification.

https://qualifications.pearson.com/content/dam/pdf/BTEC-Firsts/Sport/2012/Specification-and-sample-assessments/9781446936368_BTECFIRST_L12_AWARD_SPORT_Iss3.pdf

Students have already completed both core units, Unit 1: Fitness for Sport and Exercise, which was an exam unit and Unit 2: Practical Sports Performance, which was assessed through coursework and practical video evidence. Of the two optional units required to make up the remaining 60 of the total 120 Guided Learning Hours, Unit 5: Training for Personal Fitness has been completed. This only leaves Unit 6: Leading Sports Activities, which the students are currently working on. They still have 2 assignments to complete, where they plan 2 sports sessions, deliver those sessions and review the sessions.