

**Subject:** GCSE P.E. (AQA board)

**Exam arrangements:**

- Paper 1. The human body and movement in physical activity and sport. 1hr15mins.  
Equipment: Calculator, Pen, Pencil, Ruler, Rubber. Wednesday 13<sup>th</sup> May
- Paper 2. Socio-cultural influences and well-being in physical activity and sport. 1hr15mins.  
Equipment: Calculator, Pen, Pencil, Ruler, Rubber. Friday 15<sup>th</sup> May

**Main topic areas:**

Paper 1

- Musculo-skeletal system
- Cardio-respiratory system
- Anaerobic and aerobic exercise
- Movement analysis
- Physical training
- Use of data – interpreting graphs, tables, creating graphs, calculating intensities.

Paper 2

- Sport Psychology
- Socio-cultural influences
- Commercialisation
- Ethical issues
- Health and fitness
- Use of data – interpreting graphs, tables, creating graphs, calculating intensities.

**Revision advice:**

- There is only one day between sitting both papers so you will need to be revising some of paper 2 before you sit Paper 1. Do not leave Paper 2 revision until after Paper 1 exam as you will not allow yourself enough time.
- Memorise definitions. Be able to create sporting situation examples. Explain and justify your point. Conclude.
- Practise using data - interpreting graphs, tables, creating graphs, calculating intensities.
- Use past papers and mark schemes to see how they want you to answer the questions.
- Find what works for you; revision guides and work books, cue cards, mind maps, past papers, videos, quizzes.

**Key websites / resources:**

- AQA GCSE PE Website – specification and past exam papers.
- Pearson revision guide and workbook. The pages match up across both books. e.g. if you revise page 7 in the revision guide, if you go to page 7 of the workbook there will be questions on that topic.
- Quizlet
- GCSEpod
- BBC GCSE Bitesize – this is too generic and not specific to the AQA specification. Therefore only use this if you have exhausted all the other options.