**Part 1 –Skills (10 Marks)**

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| **Mark** | **Skill** |
| **9-10** | * TECHNIQUE: The quality of technique is maintained for all chosen moves in isolation and height. * VARIETY OF MOVES: I have decided to perform challenging moves and am consistently effective in my performance of these. * ERRORS: There are very few errors in technique and I am adaptive when adding height, maintaining body shape, control and centred landing. I almost always produce the intended result/accuracy. |
| **7-8** | * TECHNIQUE: The quality of technique is maintained for all chosen moves in isolation but may show signs of deterioration when performed at height. * VARIETY OF MOVES: I have decided to perform challenging moves and am usually effective in my performance of these. * ERRORS: There may be occasional minor errors in technique but I am usually adaptive when adding height, maintaining some body shape, control and centred landing. I regularly produce the intended result/accuracy. |
| **5-6** | * TECHNIQUE: The quality of technique is maintained for most moves in isolation but may show signs of deterioration when performed at height. * VARIETY OF MOVES: My technique may be noticeably better in some moves than others and I am usually effective in my performance of these. * ERRORS: There may be occasional errors in technique and I am sometimes adaptive when adding height, maintaining some body shape, control but often moving away from the centre cross. I sometimes produce the intended result/accuracy. |
| **3-4** | * TECHNIQUE: The quality of technique is maintained for some basic moves but frequently deteriorates when performed at height. * VARIETY OF MOVES: I have decided to perform basic moves and am occasionally effective in my performance of these. * ERRORS: There may be frequent errors in technique and I am only occasionally adaptive when adding height, causing body shape and control to deteriorate. Landings regularly move away from the centre cross. I occasionally produce the intended result/accuracy. |
| **1-2** | * TECHNIQUE: The quality of technique is evident for a few basic moves but they are not performed at height. * VARIETY OF MOVES: I have decided to perform very basic moves and am hardly ever effective in my performance of these. * ERRORS: There are likely to be frequent errors in technique and I may be unable to adapt when adding height, maintaining little or no body shape and control. Landings are seldom performed on the centre cross. I may not produce the intended result/accuracy. |

**Part 2 –Game Situation (15 Marks)**

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| **13-15** | * TACTICS: I show a high level of ability to make successful and effective tactical and strategic decisions (eg tariff/technical difficulty/choreography), almost always relevant to the demands of a very high level of competition * CONTRIBUTION: My contribution is highly effective, sustained and at a consistent height for almost all of the competition due to a highly developed and specific level of fitness * TECHNIQUE & ACCURACY: I maintain a high level of technique, accuracy and consistency in my performance of all skills during the competition * APPLICATION OF SKILL: My application of skill is fully appropriate to maintain body shape, control and centred landings. I demonstrate a high level of ability to perform the most appropriate skills/techniques * OPPONENTS: I am usually successful in outperforming other competitors |
| **10-12** | * TACTICS: I show the ability to make successful and effective tactical and strategic decisions (eg tariff/technical difficulty/choreography), usually relevant to the demands of a high level of competition * CONTRIBUTION: My contribution is usually effective, sustained and at a consistent height for the majority of the competition due to a good level of fitness * TECHNIQUE & ACCURACY: I maintain technique, accuracy and consistency in my performance of all skills during the competition * APPLICATION OF SKILL: My application of skill is usually appropriate to maintain body shape, control and centred landings, but there may be some lapses. I demonstrate an ability to perform the most appropriate skills/techniques * OPPONENTS: I am usually successful in outperforming other competitors, however occasionally I am outperformed |
| **7-9** | * TACTICS: I show the ability to make successful and effective tactical and strategic decisions (eg tariff/technical difficulty/choreography) relevant to the demands of an average level of competition, but there may be some weaknesses * CONTRIBUTION: My contribution is sometimes effective, but not always sustained at height due to a lack of specific fitness * TECHNIQUE & ACCURACY: I maintain technique and accuracy in my performance of most skills during the competition, but they are not always consistent * APPLICATION OF SKILL: My application of skill is not consistently appropriate to maintain body shape, control or centred landings. I demonstrate an ability to perform appropriate skills/techniques * OPPONENTS: I am sometimes successful in outperforming others, although only low level performers. I have some obvious areas of weakness and I am outperformed |
| **4-6** | * TACTICS: I show some ability to make tactical and strategic decisions (eg tariff/technical difficulty/choreography) but there are significant weaknesses and inconsistencies and are at an average to low level of competition * CONTRIBUTION: My contribution is occasionally effective, but not sustained at height due to a lack of fitness * TECHNIQUE & ACCURACY: I show some technique and accuracy in the performance of some skills during the competition, but they are seldom consistent * APPLICATION OF SKILL: My application of skill is not consistently appropriate to maintain body shape and control is often lost. Landings tend to cast away from the centre point. I demonstrate a limited ability to perform appropriate skills/techniques * OPPONENTS: I am seldom successful in outperforming others. I have some obvious areas of weakness and I am usually outperformed |
| **1-3** | * TACTICS: I show only a limited ability to make tactical and strategic decisions (eg tariff/technical difficulty/choreography) and they are of a relatively low level of competition * CONTRIBUTION: My contribution is seldom effective and is not sustained at a suitable height due to a distinctive lack of specific fitness * TECHNIQUE & ACCURACY: I show only limited technique and accuracy in the performance of a few skills during the competition * APPLICATION OF SKILL: My application of skill is rarely appropriate to maintain body shape or control. Landings frequently cast away from the centre point. I demonstrate a only very limited ability to perform appropriate skills/techniques * OPPONENTS: I am seldom outperforming anyone of any standard |