

	Term 1		Term 2		Term 3	
	Half Term 1	Half Term 2	Half Term 1	Half Term 2	Half Term 1	Half Term 2
	Unit 1	Unit 2	Unit 3		Unit 4	Unit 5
Year 7	How can I improve on my skills and behaviours? Analysing and planning my personal development.	What do we mean by a 'healthy lifestyle'? Healthy Living Introduction	How to maintain genuine friendships and avoid toxic ones?	Is it normal to experience romance, love, new feelings in a teen relationships?	How can we keep safe and positive relationships?	What is multiculturalism and what do we gain from this?
	What is a 'Growth Mindset' and how can having one help us achieve and be successful?	How can I commit to a healthy life? Living a healthy, active life and exercising	Bullying or banter – what is and what isn't acceptable?	Puberty – What can I expect? What's normal and why does it happen?	How can we prevent online bullying?	How can we celebrate diversity? Exploring our unique identities.
	How can boosting our self-confidence boost our achievement?	What are the risks of smoking and is vaping a good alternative? Why is smoking so bad for us and why must we try to avoid second hand smoke?	LGBTQAI+ What does this stand for and what do we need to know about it?	Periods – the menstrual cycle and PMS. What do I need to know?	Online safety: what is online grooming and how can we recognise the warning signs?	What does it mean to be a British Citizen? Researching our multiple personal identities. How is the media prejudice towards teenagers and what impact could this have?
Year 8	Unit 1	Unit 2	Unit 3		Unit 4	Unit 5
	Emotional Literacy – Why is self awareness and sensitivity important?	Why must we be so careful with alcohol?	What is contraception and how will it allow me to have safe sex?	What is 'sexting' and why should I be bothered about it?	Careers Library Treasure Hunt 2 (computer session)	What are LGBT rights like across the world?
	Why do we need self esteem and how do we build it up?	Binge drinking – what is it and is it really that bad for you?	What are the different STIs? How can we keep good sexual health?	Why is pornography so dangerous?	Career terminology	Prejudice and Discrimination: Racism and stereotyping
Year 9	Unit 1	Unit 2	Unit 3	Unit 4		Unit 5
	What is mindfulness? How can it help us with our mental heath?	What does the law say about drugs?	Identifying interests	How can we keep good mental health and a positive body image?	Domestic abuse – how can we tell the difference between healthy and abusive relationships?	What is racism and why is it wrong?
	Emotional Literacy – How can I control my anger?	How does the law deal with young offenders?	GCSE Choices, Choices	How can we recognise and prevent developing eating disorders?	CSE- how are children and young people lured into dangerous relationships and what do these look like?	Anti Social Behaviour: Why do people do it and what are the consequences?
Year 10	Unit 1	Unit 2	Unit 3		Unit 4	Unit 5
	How to manage tough times: change, grief and bereavement?	Work experience researching possible placements	What are the different types of same sex relationships?	Conflict Management: how can we manage and resolve conflict safely?	Why do people misuse prescription drugs and what are the consequences?	What are hate crimes and why do they still happen?
	Body Positivity – is this always a good thing or does it promote health issues?	Work experience how to contact employers	What is a forced and arranged marriage?	What is revenge porn?	What are the impacts of knife crime?	What is honour based violence and why is it still happening today?
Year 11	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Study Leave
	How can you cope with the pressure of life online and keeping up with other people?	Career library Treasure Hunt 4 (computer session)	What is harassment and how do you give consent?	How do you have positive relationships with role models?	Personal Safety – keeping myself and my friends safe	
					Internet Safety: How can we protect ourselves from fraudsters and scams?	
Sixth form 1st year	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Maintaining positive emotional wellbeing throughout life	Social media: what is 'call-out culture', 'cancelling' and 'online-shaming'?	Class A Drugs – Can anyone end up addicted to these? How?	What are internet subcultures? How can these be extreme or dangerous?	How do I take responsibility for my sexual health & access advice and treatment?	How accurate are media representation of sexuality and relationships?
	Positive and toxic masculinity: What does it mean to be a good man?	What is cultural appropriation and how can this be offensive?	Class B Drugs – What are these and why are they so dangerous?	What is honour-based violence and why is it still happening today?	What do we need to know about unplanned pregnancies and miscarriage?	What are sex and gender? How can we use the correct language?
Sixth form 2nd year	Unit 7	Unit 8	Unit 9	Unit 10	Unit 11	Unit 6
	What is initiative and why do employers value it?	Are we really in the middle of a 'Culture War'?	What are the risks of cosmetic and surgical enhancements?	Finance: renting and buying – cars, mortgages and more	What do I need to know about festivals, parties, clubbing and drugs?	How accurate are media representation of sexuality and relationships?
	What is problem-solving and why do we need these skills?	What are critical thinking skills? Why do we need these in the modern world?	Healthy Diets: BMI, obesity, food pyramids and eating well	Payday loans – what are these and why can they be so risky?	How do date rape and sexual assault happen and how can we report it?	What are sex and gender? How can we use the correct language?
Sixth form 2nd year	Unit 7	Unit 8	Unit 9	Unit 10	Unit 11	Unit 6
	Why do we need leadership skills?	Free speech vs hate speech – why do we have hate speech laws in the UK?	Careers and skills for life: motivation and work ethic	Why do I need to know about pensions at my age?	What are coercive and controlling relationships? How are they abusive?	What is online and personal branding?
		What is social justice?				