




Tech Award Health & Social Care - Unit 1 LA: B	Road Map				
In this unit you will identify different types of life events and how individuals cope with change The aims are as follows: LG1: Knowledge LG2: Application LG3: Skills	Assessment Grades				
	Assignment 1: B1 & B2				
	Coping with Life				
Themes	Learning Goals/Outcomes/Content				
1. Main life stages linked to ages	LG1 Know how people grow and develop through their lives LG2 Identify how people grow and develop over the course of their life from infancy to old age				
2. Areas of growth and development across main life stages using PIES classification	LG1: Know how factors such as lifestyle choices and relationships affect growth and development. LG2: Identify physical, intellectual, emotional and social development (P.I.E.S) LG1: Complete a P.I.E.S evaluation				
3. Physical development: gross and fine motor skills	LG 1: Know the difference between gross and fine motor skills LG 2: growth and development in infancy: 'top to toe' (from head down) and 'inner to outer' (large movements to finer movements) LG2: Know what age when infants first reached milestones such as sitting, crawling, walking, cycling, controlling a pencil and building with blocks.				
4. Physical development in adolescence and early adulthood: growth patterns and primary and secondary sexual characteristics	LG 1: Know how people grow and develop into adolescence LG 2: Identify growth patterns and physical development in puberty LG 2: Produce a growth and development timeline for children aged 13 years identifying primary or secondary sexual characteristics				
5. Physical development in middle and later adulthood: menopause, loss of mobility, muscle tone/strength and skin elasticity	LG 1: Know how people grow and develop in middle and later adulthood LG 2: Identify the key changes for women is menopause and the effects of ageing in later adulthood on physical capability, skin, muscles and bones. LG3: Interview an older relative and develop a timeline on the effects of ageing.				
6. Intellectual /cognitive development: problem solving, abstract and creative thinking, development/loss of memory and recall	LG 1: Know the difference between intellectual and cognitive development LG 2: Produce an overview of intellectual development across life stages LG 3: discuss how memory and recall may decline in later adulthood. LG 2: Identify two life stages and the key milestones in relation to: problem solving, abstract/creative thinking, development or loss of memory and recall.				
7. Intellectual /cognitive development: language development	LG 1: Know the early stages of language development LG 2: Identify language development in infancy, early childhood, and up to adolescence LG2: Produce a power point to show language development over time				
8. Emotional development in infancy and early childhood including bonding and attachment, security and independence	LG 1: Know the different stages of emotional development in infancy and early childhood LG 2: Identify the difference between bonding and attachment, security and independence LG3: Produce discussion notes on attachment development on how an 8-week-old baby responds to separation from a parent, how a 9-month-old baby responds to starting nursery.				

9. Emotional development in adolescence and adulthood: independence, security, contentment, self-image and self-esteem	<p>LG 1: Know the emotional development in adolescence and adulthood</p> <p>LG 2: Identify how security can relate to financial, environmental and emotional aspects of life</p> <p>LG3: Discuss how self-concept is built? How is self-concept destroyed?</p>			
10. Social development in infancy and early childhood: formation of relationships with others and socialisation process	<p>LG 1: Know how play develops in infancy and early childhood</p> <p>LG 2: Identify the difference between solitary, parallel and cooperative or social play.</p> <p>LG 2: produce an advice sheet for parents on how they should expect their children's play to develop in infancy and early childhood</p>			
11. Social development in adolescence and stages of adulthood: formation of relationships with others and socialisation process	<p>LG1: Know the relationships formed in adolescence up to later adulthood.</p> <p>LG2: Identify how friendships are formed</p> <p>LG3: Compare the difference between formal and informal relationships.</p> <p>LG2: show types of relationships often formed at different life stages from adolescence up to later adulthood.</p>			
12. Physical factors that affect growth and development: diet and lifestyle choices, and appearance	<p>LG1: Understanding of a 'healthy'/'unhealthy' diet</p> <p>LG2: Link the effects of a 'healthy'/'unhealthy' diet on development</p> <p>LG1&2: Design a web page on a selected lifestyle choice, which can include exercise, misuse of substances (i.e. alcohol, illegal and prescription drugs), personal hygiene and sexual behaviours/choices.</p>			
13. Social and cultural factors that affect human growth and development: culture, religion, community involvement, gender roles and expectations and educational experiences	<p>LG1: Know how culture and religion affect lifestyle</p> <p>LG2: Understand the impact culture and religion on diet, values, marriage, family roles and involvement of communities</p> <p>LG3: Analyse the impact of gender roles, opportunities, education access to services and the effects on growth and development</p>			
14. Social and cultural factors that affect human growth and development: the influence of role models, social isolation and personal relationships with friends and family	<p>LG1: Recognise the influence of positive and negative role models, identifying effects on growth and development.</p> <p>LG2: Describe factors that may have affected that person's life and the effect this may have had on their growth and development over two life stages.</p>			
15. Economic factors that affect human growth and development: income/wealth and material possessions	<p>LG1: Know the difference between income, wealth and material possessions</p> <p>LG2: Identify the possible effect on growth and development for a child living in poverty; an adult who has lost their job; and an older person with a good income and own home.</p> <p>LG3: Evaluate the impact of material possessions on development.</p>			
<p>Links: Unit 1 Human lifespan and development and the impact of life events. Learning aim B: Investigate how individuals deal with life events Learning aim B1: Different types of life event</p>				