




ExtCert Health & Social Care Unit 1 Topic A	Road Map				
In this unit you will identify human lifespan and development The aims are as follows: LG1: Knowledge LG2: Application LG3: Skills	Assessment Grades				
	Topic A: Human growth and development through life stages				
	Development Theories Case Study P.I.E.S Review for Adults Poster				
Themes	Learning Goals/Outcomes/Content				
1. Human growth and development through life stages	LG1: Understand human development LG1: Define the terms growth; development; developmental norms; developmental milestones; life course; maturation and life expectancy LG2: Identify and describe 4 areas of development and life stages from given data				
2. Stages of foetal development	LG1: Define the term conception LG1: Outline the stages of foetal development LG3: Discuss potential causes and effects of delayed and arrested development during foetal development				
3. Holistic development	LG1: Understand development skills LG3: Analyse developmental skills in relation to holistic development				
4. Identify key theorist in holistic development	LG1: Discuss developmental skills and the importance of holistic development				
5. Holistic development of reflexes from birth	LG1: Know patterns of holistic development in infancy LG2: Identify development present at birth LG1: Identify and explain reflexes				
6. Birth to infancy life stage map	LG1: Explain the patterns of growth and development during infancy LG2: Make links to theories of development				
7. Discuss developmental skills and the importance of holistic development	LG1: Know the importance of development LG1: Recognise what development is biological LG2: Identify external influences/patterns of growth on development				
8. Analyse the value of play	LG3: Analyse the value of play for children LG2: Explain the importance of play in child development LG2: Identify development areas through play activities				
9. Recap of Piaget's theory of development	LG1: Know the FOUR physical developmental milestones of an infant LG1: Identify Piaget theory model LG2: Apply Piaget's theory to explain cognitive development				
10. P.I.E.S review for adolescence	LG1: Explain the importance of secondary socialisation and peer pressure LG2: Identify adolescence LG2: Identify and describe physical areas of puberty (differences between male & female)				
11 & 12 P.I.E.S review for adults	LG1: Identify the PIES in relation to adulthood and later adulthood LG3: Discuss the significance of how age can reverse certain areas of development in some people LG3: Analyse positives of later adulthood				
Links: Unit 1 Human lifespan and development and the impact of life events. Topic B: Factors affecting human growth and development					