






Ext Cert & Nat Dip Health & Social Care Unit 1 Topic C	Road Map			
In this unit you will identify factors affecting human growth and development. The aims are as follows: LG1: Knowledge LG2: Application LG3: Skills	Assessment Grades			
	Topic C: Effects of ageing			
	Practice Exam Questions			
Themes	Learning Goals/Outcomes/Content			
The physical changes of ageing	Cardiovascular disease – age can increase the risks of cardiovascular disease. This can be exacerbated by lifestyle choices.			
	Degeneration of the sense organs – sight and hearing loss impact on the quality of life in the elderly.			
	The degeneration of the nervous tissue and the effect it has on the motor and sensory responses in the elderly.			
	Osteoarthritis & The reduced absorption of nutrients impact on mobility and the immune system in the elderly.			
	Dementia, to include Alzheimer's disease development within the elderly			
The psychological changes of ageing	Identify the effects on confidence and self-esteem.			
	Identify the effects of social change: <ul style="list-style-type: none"> o role changes o loss of a partner o loss of friends o increase in leisure time. 			
	Review the financial concerns that affect the older generation			
	Explain what effects culture religion and beliefs have on the older generation			
	Understand the Social disengagement theory.			
The societal effects of an ageing population	Health and social care provision for the aged and the economic effects of an ageing population.			
Review of Factors	Exam Preparation Topic C: Effects of ageing			

Links: Unit 1 Human lifespan and development
 Topic A: Human growth and development through the life stages
 Topic B: Factors affecting human growth and development