Yr 10 Tech Award Health &			
Social Care – Component 1	Road Map		
In this unit you will identify	Assessment Grades		
human lifespan and	Internal Assessment: A1 & A2		
development The aims are as follows:			
LG1: Knowledge LG2: Application LG3: Skills	Factors affecting growth and development		
Themes	Learning Goals/Outcomes/Content		
Physical Factors	 Inherited conditions – sickle cell disease, cystic fibrosis, muscular dystrophy, Marfan syndrome and Huntington's disease Experiences of illness and disease Mental ill health – anxiety, stress Physical ill health – cardiovascular disease, obesity, type 2 diabetes Disabilities Sensory impairments 		
Lifestyle Factors	 Nutrition Physical activity Smoking Alcohol Substance misuse 		
Emotional Factors	 Fear Anxiety/worry Upset/sadness Grief/bereavement Happiness/contentment Security Attachment 		
Social Factors	 Supportive and unsupportive relationships with others – friends, family, peers and colleagues Social inclusion and exclusion Bullying Discrimination 		
Cultural Factors	 Religion Gender roles and expectations Gender identify Sexual orientation Community participation Race 		
Environmental Factors	 Housing needs, conditions, location Home environment – living with high levels of parental conflict, experiences of abuse and neglect Exposure to pollution – air, noise and light 		

Economic Factors o Employment situation o Financial resources – income, inheritance, savings				
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Links:

Prior Learning:

Builds on knowledge and skills from Biology lessons

Builds on knowledge and skills from PSHE

Personal life development

Builds on knowledge and skills from A1 – Human growth and development across life stages

Future knowledge:

Development of knowledge for A Level/BTEC Health & Social, Biology and PSHE Develop knowledge for Component 3 Health & Wellbeing external assessment