




Yr 10 Tech Award Health & Social Care – Component 1 LAA	Road Map			
In this unit you will identify human lifespan and development The aims are as follows: <b>LG1:</b> Knowledge <b>LG2:</b> Application <b>LG3:</b> Skills	<b>Assessment Grades</b>			
	<b>Internal Assessment: A1 &amp; A2</b>			
	Understand human growth and development across life stages and the factors that affect it			
Themes	Learning Goals/Outcomes/Content			
<b>Life Stage – Infancy (birth to 2 years)</b>	<p><b>Physical:</b> rapid growth of weight and height, development of gross and fine motor skills, following the same pattern of growth and development but at different rates</p> <p><b>Intellectual:</b> rapid development of language and thinking skills such as memory/recall</p> <p><b>Emotional:</b> attachments are formed, emotional wellbeing is based on bonding/attachment, security and contentment</p> <p><b>Social:</b> strong dependence on adults/carers, socialisation through family, engage in solitary play</p>			
<b>Life Stage – Early Childhood (3-8 years)</b>	<p><b>Physical:</b> continued growth of weight and height, mastery of gross and fine motor skills</p> <p><b>Intellectual:</b> increased curiosity, language fluency develops, strong grasp of memory/recall</p> <p><b>Emotional:</b> increased independence, wider range of relationships are formed, emotional wellbeing is based on attachment, security and contentment</p> <p><b>Social:</b> social circle widens, and close friendships are formed, socialisation continues through family and also friends/carers, social play develops.</p>			
<b>Life Stage – Adolescence (9-18 years)</b>	<p><b>Physical:</b> onset of puberty, differences between males and females, primary and secondary sexual characteristics</p> <p><b>Intellectual:</b> complex and abstract thinking develops</p> <p><b>Emotional:</b> independence increase further, more freedom to make own decisions, concerns over self-image and self-esteem may increase, emotional wellbeing is based on attachment, security and contentment</p> <p><b>Social:</b> wide range of formal/informal relationships develop and have influence, intimate relationships are formed</p>			
<b>Life Stage – Early Adulthood (19-45 years)</b>	<p><b>Physical:</b> peak physical fitness, full height reached, sexual maturity reached, women at their most fertile</p> <p><b>Intellectual:</b> mastery of abstract and creative thinking, careers become important, may return to education</p> <p><b>Emotional:</b> independent living and control over own lives, emotional wellbeing is based on attachment, security and contentment</p> <p><b>Social:</b> intimate and long-lasting relationships are formed</p>			

<p>Life Stage – <b>Middle Adulthood (46-65 years)</b></p>	<p><b>Physical:</b> at the end of this life stage the ageing process begins, menopause occurs for women</p> <p><b>Intellectual:</b> can use knowledge and experience for complex decision making, may retire</p> <p><b>Emotional:</b> may experience changes in self-image and self-esteem linked to retirement and ageing process, emotional wellbeing is based on attachment, security and contentment</p> <p><b>Social:</b> may have more time to socialise</p>			
<p>Life Stage – <b>Later Adulthood (65+ years)</b></p>	<p><b>Physical:</b> ageing process continues, decline in strength and fitness, loss of mobility, loss of muscle tone and skin elasticity</p> <p><b>Intellectual:</b> may experience decline in cognitive ability such as loss of memory/recall</p> <p><b>Emotional:</b> may start to become dependent on others, emotional wellbeing is based on attachment, security and contentment</p> <p><b>Social:</b> may experience bereavement and reduction of social circle.</p>			

**Links:**

**Prior Learning:**  
 Builds on knowledge and skills from Biology lessons  
 Builds on knowledge and skills from PSHE  
 Personal life development

**Future knowledge:**  
 Development of knowledge for A Level/BTEC Health & Social, Biology and PSHE  
 Develop knowledge for Component 3 Health & Wellbeing external assessment