




Yr 10 Tech Award Health & Social Care – Component 3 LAA	Road Map				
In this unit you will identify human lifespan and development The aims are as follows: LG1: Knowledge LG2: Application LG3: Skills	Assessment Grades				
	External Examination: A1				
	External Synoptic Health and wellbeing Factors that affecting health and wellbeing				
Themes	Learning Goals/Outcomes/Content				
Physical Factors	Physical factors that can have positive or negative effects on health and wellbeing: <ul style="list-style-type: none"> ○ Inherited conditions – sickle cell disease, cystic fibrosis ○ Physical ill health – cardiovascular disease, obesity, type 2 diabetes ○ Mental ill health – anxiety, stress ○ Physical abilities ○ Sensory impairments 				
Lifestyle Factors	Lifestyle factors that can have positive or negative effects on health and wellbeing: <ul style="list-style-type: none"> ○ Nutrition ○ Physical activity ○ Smoking ○ Alcohol ○ Substance misuse 				
Social Factors	Social factors that can have positive or negative effects on health and wellbeing: <ul style="list-style-type: none"> ○ Supportive and unsupportive relationships with others – friends, family, peers and colleagues ○ Social inclusion and exclusion ○ Bullying ○ Discrimination 				
Cultural Factors	Cultural factors that can have positive or negative effects on health and wellbeing: <ul style="list-style-type: none"> ○ Religion ○ Gender roles and expectations ○ Gender identify ○ Sexual orientation ○ Community participation 				
Economic Factors	Economic factors that can have positive or negative effects on health and wellbeing: <ul style="list-style-type: none"> ○ Employment situation ○ Financial resources – income, inheritance, savings 				
Environmental Factors	Environmental factors that can have positive or negative effects on health and wellbeing: <ul style="list-style-type: none"> ○ Housing needs, conditions, location 				

	<ul style="list-style-type: none"> ○ Home environment – living with a high level of parental conflict, experiences of abuse and neglect 			
PIES Impact on Life Events	<p>Impact on physical, intellectual, emotional and social health and wellbeing of different types of life events:</p> <ul style="list-style-type: none"> ○ Physical events ○ Relationship changes ○ Life circumstances 			

Links:

Prior Learning:
 Builds on knowledge and skills from Biology lessons
 Builds on knowledge and skills from PSHE
 Personal life development
 Builds on knowledge and skills from A1 – Human growth and development across life stages and A2 – Factors affecting growth and development and B2 – Coping with change caused by life events

Future knowledge:
 Development of knowledge for A Level/BTEC Health & Social, Biology and PSHE