



Dear Parent/Guardian

PE Department 2022/23 Expectations

We are aware that the start of term can be a busy period where students are presented with a lot of information, so to minimise any chances of miscommunication, we wanted to make all students and parents/carers aware of what to expect from PE at OWS.

Students are expected to bring their PE kit to every lesson, this includes all items required for the particular activity they are taking part in. For Year 7 a copy of the induction programme is included to help you identify the activities your child is taking part in for the first half term.

If the lesson is an "indoor activity" this will be their black t-shirt, shorts/skort, plain black trainer socks and trainers.

If the lesson is an "outdoor activity" they could additionally wear their OWS ¼ zip jacket over their t-shirt and plain black leggings/jogging bottoms or a rugby shirt. These are additional items for comfort and are not compulsory.

If they have football or rugby, for health and safety reasons they will require additional items. Students will need to wear football boots and long socks (purple/black). For football shin pads are required. For rugby, when contact is taught, students are recommended to have a gum shield.

Please be aware than cycling shorts, white ankle socks and hoodies/sweatshirts with logos on are not part of our PE kit and students will be asked to remove them.

If you are aware in advance of any issues with kit, we fully understand that students grow out of certain items and they are not always easy to replace, then please let us know via a letter or email and we can loan that item of kit in the short term without the student receiving a kit mark.

The department has a stock of PE kit which can be loaned out for a lesson. This is laundered after every use, so will always be clean to wear. Our department policy is that if a student does not bring an item of their kit, they will be provided with the missing item to wear. They will also be given a kit mark. Their first kit mark is a warning, the 2nd is a Stage 1, 10 minute detention, the 3rd is a Stage 2, 20 minute lunch time detention and the 4th is a Stage 3, after school detention. The kit marks reset every half term.

Students who are injured or not able to fully participate in a PE lesson are still expected to get changed and the lesson will be adapted for them with their limitations taken into account. They may complete static skill practices, modified games or carry out coaching/officiating roles.

Yours sincerely

Miss C Joiner
Head of PE

Aspire | Enjoy | Achieve