

Our Ref: AKB/kmd/pshe/rse-y7-2025

October 2025

Dear Parents and Carers,

Re: Personal, Social, Health and Economic (PSHE)

You will be aware that, as part of your child's educational experience at Oldbury Wells School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives young people the knowledge, understanding, attitudes and practical skills to live healthy safe, productive and fulfilled lives, both now and in the future.

I am writing to let you know that, over the 10 weeks, starting from 3rd November 2025, your child's form will be taking part in lessons which will focus on Relationships and Sex Education (RSE).

Lessons will include students learning about:

- What is diversity?
- Growing up: physical and mental changes
- Understanding menstruation
- What makes a healthy relationship?
- Female genital mutilation (FGM): Facts and risks

This is part of our schools PSHE education programme which is taught once a fortnight in every year group by form tutors and is monitored and reviewed regularly by the staff and governing body. For more detail about our PSHE curriculum offer, please visit the school's website:

<http://www.oldburywells.com/parentguardian-information/curriculum/pshe>

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions to prepare them for relationships in the modern world.

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, please contact your child's Head of Year, Mr Chris Smith, chris.smith2@oldburywells.com or myself at april.bishell@oldburywells.com.

Yours faithfully



April Bishell

Assistant Headteacher

Personal Development and Wellbeing

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