

Our Ref: LTM/kmd/RXL-mhst

17 May 2024



Dear Parent/Carer

Re: Mental Health Support Team

As a school we have input from the BeeU 'Mental Health Support Team'. The Mental Health Support Team (often referred to as MHST) provide 3 functions as follows:

1. Deliver evidence-based interventions for mild-to-moderate mental health difficulties (this could be directly with an individual child or young person, a small group of children and young people, or with a parent/carer).
2. Support our school to introduce or develop a 'Whole School Approach' to supporting emotional wellbeing and mental health within the school.
3. Give timely advice to our school staff and liaise with external specialist services to help children and young people get the right support from the right service at the right time.

The Mental Health Support Team want to make accessing emotional wellbeing and mental health support as easy as possible and remove any barriers. As such they will be providing open access to school students through drop-ins.

As an NHS Trust MPFT have official authority to provide a service that is in the public interest, in order to do so they have to collect and store personal data and information, which they do in line with GDPR. For more information about how and why data will be collected, their privacy notice can be found online: <https://www.mpft.nhs.uk/about-us/information-governance>

If you do not agree to your child accessing the support available (should they require it), we would kindly ask you to complete and return the form below.

Yours sincerely

Lee Tristham
Headteacher

MHST Opt-Out Reply Slip – To be returned to West Reception.

I confirm that I wish to **opt-out** of the offer of support and **do not consent** for my child to access the Mental Health Support Team.

Child's Full Name:	Parent/Carer Full Name:
Date:	Signature (Parent):

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