



## Overview of PSHE Oldbury Wells School 2024-2025

Year 7	Year 8	Year 9	Year 10	Year 11	Sixth form
Topic/Lesson plan/Resources	Topic/Lesson plan/Resources	Topic/Lesson plan/Resources	Topic/Lesson plan/Resources	Topic/Lesson plan/Resources	Topic/Lesson plan/Resources
<a href="#">What is diversity?</a>	<a href="#">Challenging gender stereotypes</a>	<a href="#">Recognising and preventing discrimination</a>	<a href="#">Challenging prejudice and discrimination</a>	<a href="#">Understanding pornography</a>	<a href="#">Staying safe: recognising harassment and abuse</a>
<a href="#">Growing up: physical and mental changes</a>	<a href="#">Sexuality and gender identity: an introduction</a>	<a href="#">Practising safe sex</a>	<a href="#">Understanding pregnancy: your choices</a>	<a href="#">Understanding consent and intimacy: offline and online</a>	<a href="#">Understanding cultural identity and cultural competency</a>
<a href="#">Understanding menstruation</a>	<a href="#">Consent: what is it and why is it essential?</a>	<a href="#">Sex, relationships, and the media</a>	<a href="#">Sexual health: choosing and accessing contraception</a>	<a href="#">Sexual health: preventing and treating STIs</a>	<a href="#">Making choices about pregnancy and parenthood</a>

October Half Term					
<a href="#">What is mental health?</a>	<a href="#">Mental health: talking about our emotions</a>	<a href="#">Mental health: developing coping strategies</a>	<a href="#">Social influences: young people and gangs</a>	<a href="#">An introduction to body image</a>	<a href="#">Making choices about your sexual health</a>
<a href="#">Social media and mental health</a>	<a href="#">Self-esteem and confidence</a>	<a href="#">Social influences: tackling peer pressure</a>	<a href="#">Addictive substances: legal and illegal drugs</a>	<a href="#">Recognising strengths in ourselves and others</a>	<a href="#">Body enhancement</a>
<a href="#">What makes a healthy relationship?</a>	<a href="#">Understanding marriage</a>	<a href="#">Family life: parenthood and caring</a>	<a href="#">Healthy lifestyles: health services, self examination and vaccination</a>	<a href="#">Navigating social influence and pressure</a>	<a href="#">Acknowledging skills and assets</a>
<a href="#">Coping with change: bereavement, divorce and separation</a>	<a href="#">Spotting unhealthy and abusive relationships</a>	<a href="#">Financial choices: budgeting, saving, debt</a>	<a href="#">The impact of relationships</a>	<a href="#">The impact of relationships</a>	<a href="#">Respectful relationships: trust and intimacy</a>

Christmas Holidays					
<a href="#">Recognising and preventing bullying</a>	<a href="#">Overcoming conflict and finding forgiveness</a>	<a href="#">Social influences: young people and gangs</a>	<a href="#">Managing risk: unsafe and emergency situations</a>	<a href="#">Financial choices: managing finances in the world of work</a>	<a href="#">Financial choices: working and earning</a>
<a href="#">Smoking and vaping: risks and consequences (This has replaced 'Addictive substances: tobacco')</a>	<a href="#">Managing risk: looking after your personal safety</a>	<a href="#">Addictive substances: legal and illegal drugs</a>	<a href="#">Planning and organising: revising effectively</a>	<a href="#">Illegal drugs: risks, consequences, and support</a>	<a href="#">Staying safe: exiting aggressive social situations</a>
<a href="#">Healthy lifestyles: maintaining a balanced diet</a>	<a href="#">Gambling: the facts</a>	<a href="#">Healthy lifestyles: health services, self examination and vaccination</a>	<a href="#">What is a healthy lifestyle?</a>	<a href="#">Managing our health: services and support</a>	<a href="#">Staying safe: alcohol and binge-drinking</a>
-	-	-	-	<a href="#">Substance addiction: how to seek help</a>	-

February Half Term					
<a href="#">Female genital mutilation (FGM): facts and risks</a>	<a href="#">Addictive substances: alcohol</a>	<a href="#">Healthy lifestyles: achieving balance</a>	<a href="#">Health-related choices: blood, organ and stem cell donation</a>	<a href="#">Staying safe online: misinformation and extremism</a>	<a href="#">Addictive substances: alcohol</a>
			<a href="#">Health-related choices: aesthetic procedures</a>	<a href="#">Health-related choices: aesthetic procedures</a>	
<a href="#">Media literacy: staying safe online</a>	<a href="#">Healthy lifestyles: exercising for physical and mental wellbeing</a>	<a href="#">Sex and consent online</a>	<a href="#">Alcohol: risks, consequences, and safety</a>	<a href="#">What are my employability skills?</a>	<a href="#">Healthy lifestyles: exercising for physical and mental wellbeing</a>

Easter Holidays					
<a href="#">Who am I?</a>	<a href="#">What are my interests?</a>	<a href="#">What are my skills?</a>	<a href="#">Staying safe online: protecting your personal data</a>	<a href="#">Staying safe online: misinformation and extremism</a>	<a href="#">Female genital mutilation (FGM): facts and risks</a>
<a href="#">Exploring possibilities: dream jobs</a>	<a href="#">Job applications: superhero CVs</a>	<a href="#">What comes after school: the main learning pathways</a>	<a href="#">Reflecting on my career journey: past, present and future</a>	<a href="#">Health-related choices: aesthetic procedures</a>	<a href="#">Staying safe: recreational drugs</a>
-	-	-	-	<a href="#">Post 16 – Choices, Choices</a>	<a href="#">Leaving home: building a healthy lifestyle</a>
				<a href="#">What type of career is best for me?</a>	<a href="#">Understanding online misinformation</a>

May Half Term					
<a href="#">What is a career?</a>	<a href="#">Challenges and rewards of work</a>	<a href="#">Decision making: choosing what to study at KS4</a>	<a href="#">Exploring employer profiles</a>	-	-
<a href="#">What is an entrepreneur?</a>	<a href="#">Creating the life you want: making a vision board</a>	<a href="#">Taking control of your career journey</a>	<a href="#">What type of career is best for me?</a>		
<a href="#">What is a work-life balance?</a>	<a href="#">What does success mean to me?</a>	<a href="#">Working and earning: managing your money</a>	<a href="#">Preparing to go on work experience</a>		
<a href="#">Careers and the future</a>	<a href="#">Careers and the climate</a>	<a href="#">What is the labour market and why is it important?</a>	<a href="#">Wellbeing in the workplace</a>		