

Year 7 PE Programme Autumn 2025

7X (EMA, MBR, MRO)

- Thu 4 Sep P5

Form/Group	Activity	Staff
EMA	Induction talk	CJ, SF, TC
MBR		
MRO		

- Tue 9 Sep P4

EMA	Bleep test	CJ, SF, TC
MBR		
MRO		

- Tue 16 Sep P3

All Boys	Football	SF, TC
All Girls	Netball	CJ

- Wed 17 Sep P1

EMA	Rounders	CJ
MBR	Badminton	SF
MRO	Cricket	TC

- Thu 18 Sep P5

MRO	Rounders	CJ
EMA	Badminton	SF
MBR	Cricket	TC

- Tue 23 Sep P4

MBR	Rounders	CJ
MRO	Badminton	SF
EMA	Cricket	TC

- Tue 30 Sep P3

All Girls	Football	TC
All Boys	Netball	CJ, SF

Activity	Kit requirements
Induction talk	No kit required
Bleep Test	Indoor kit – shorts/skort, black t-shirt, black trainer sock/football socks (black or purple), trainers.
Badminton	Indoor kit – shorts/skort, black t-shirt, black trainer sock/ football socks (black or purple), trainers.
Rounders, Cricket and Netball	Indoor kit – shorts/skort, black t-shirt, black trainer sock/(black or purple) football socks, trainers. Optional layers if required – OWS quarter zip top/leggings.
Football	Outdoor kit – shorts/skort/leggings, rugby shirt (boys), black t-shirt, black/purple football socks, shin pads, football boots. Optional layer if required – OWS quarter zip (girls).

7Y (JWA, SRO, VJR)

- Wed 10 Sep P4

Form/Group	Activity	Staff
JWA	Induction talk	CJ, SF, TC
SRO		
VJR		

- Thu 11 Sep P1

JWA	Bleep test	CJ, SF, TC
SRO		
VJR		

- Fri 12 Sep P2

All Boys	Football	SF, TC
All Girls	Netball	CJ

- Wed 17 Sep P2

JWA	Rounders	CJ
SRO	Badminton	SF
VJR	Cricket	TC

- Wed 24 Sep P4

All Girls	Football	TC
All Boys	Netball	SF, CJ

- Thu 25 Sep P1

VJR	Rounders	CJ
JWA	Badminton	SF
SRO	Cricket	TC

- Fri 26 Sep P2

SRO	Rounders	CJ
VJR	Badminton	SF
JWA	Cricket	TC

Activity	Kit requirements
Induction talk	No kit required
Bleep Test	Indoor kit – shorts/skort, black t-shirt, black trainer sock/football socks (black or purple), trainers.
Badminton	Indoor kit – shorts/skort, black t-shirt, black trainer sock/ football socks (black or purple), trainers.
Rounders, Cricket and Netball	Indoor kit – shorts/skort, black t-shirt, black trainer sock/(black or purple) football socks, trainers. Optional layers if required – OWS quarter zip top/leggings.
Football	Outdoor kit – shorts/skort/leggings, rugby shirt (boys), black t-shirt, black/purple football socks, shin pads, football boots. Optional layer if required – OWS quarter zip (girls).

Staff key:	
CJ	Miss Joiner
TC	Mr Cowburn
SF	Mr Farish