



**Our Ref:** SB/kmd/safeguarding

19 January 2026

Dear Parent/Carer

We have received information from the local authority with regards to concerns they have about some individuals encouraging self-harming amongst youngsters via TikTok.

The local authority has asked us to inform parents of the following suggested actions:

- To remind parents/carers and the bill payer of any mobile device, of their responsibility to monitor the content and share any safeguarding concerns.
- To be aware and vigilant, particularly with regards to vulnerable children or young adults, what contact they may be having with the digital community or what they are following online.
- To ensure parents/carers have access to resources available to support safe online activity.

#### Available Resources

['What I wish my parents or carers knew...': A guide for parents and carers on managing children's digital lives.](#) Children's Commissioner for England Keeping Children Safe Online.

[NSPCC Keeping children safe online](#)

If you have any information or concerns, please do not hesitate to contact the school or your local police.

Yours faithfully

**Ms S Barlow**

Welfare & Safeguarding Officer